

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday



Saturday



March 2019

Meadow View Activities



<p>AM: Sunrise Exercise AM: Today in History AM: Hymn Singing PM: Bingo PM: Coffee and Conversation PM: Afternoon Exercise PM: Art & Aromatherapy PM: Left, Right, Center PM: Meditate & Relax</p> <p>3</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Horse Shoes 1:30: Manicures & Massages 2:30: Match the Saying 3:30: Afternoon Exercise 4:00: Bingo 4:00: Gunner – Pet Therapy PM: Movie & Popcorn</p> <p>4</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Ladder Golf 1:30: Bingo 2:15: Trivia Tuesday 3:00: Mathematicians 3:30: Strength Training 4:00: Mardi Gras Party PM: Classic TV</p> <p>5</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	<p>9:45: Sunrise Exercise 10:00: Art Therapy with Xene 10:30: Today in History 11:15: Pancake Races 1:30: Ash Wednesday Catholic Service 2:15: Best of Guy Penrod/CSD 2:30: Pass the Hat 3:30: Afternoon Exercise 4:00: Bingo 6:00: Music with Dave W. PM: Card Club</p> <p>6</p> <p style="text-align: center;"><small>Ash Wednesday</small></p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Wii Bowling 1:30: Bingo 2:15: Group Crossword 2:45: Lucky Number 7 3:45: Scott Englewood on Guitar PM: Guy's Night</p> <p>7</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Kickball 1:30: Bingo 2:30: The Frozen Scoop 3:00: Riddle me This 3:30: Afternoon Exercise 4:00: Musical Melodies PM: Foosball Tournament PM: Book Club</p> <p>8</p>	<p>9:30: Sunrise Exercise 10:00: Music with Dave P. 11:15: Bean Bag Toss 1:30: Bingo 2:30: The Frozen Scoop 3:00: Welcome March 3:30: Afternoon Exercise 4:00: March Trivia PM: Movie & Popcorn</p> <p>1</p>	<p>9:30: Catholic Service AM: Today in History AM: Stretch and Unwind PM: Dice 21 2:00: Chapel PM: Walker Wash PM: State Abbreviations PM: Afternoon Exercise PM: Name the Shadow PM: Roll the Beans</p> <p>2</p>
<p>AM: Sunrise Exercise AM: Today in History AM: Hymn Singing PM: Bingo PM: Coffee and Conversation PM: Afternoon Exercise PM: Art & Aromatherapy PM: Jogging your Noggin' PM: Meditate & Relax</p> <p>10</p> <p style="text-align: center;"><small>Daylight Saving Time Begins</small></p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Horse Races 1:15: Bingo 2:30: Don't sit under the Apple Tree 3:00: Faces & Places 3:45: Music Therapy with Amy PM: Movie & Popcorn</p> <p>11</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Washers 1:30: Bingo 2:15: Trivia Tuesday 2:45: Taste Test with Chef 3:30: Strength Training 4:00: Name that Tune PM: Classic TV</p> <p>12</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:00: Sewing with Sondra 1:15: Alphabet Story 2:15: <i>Glenn Miller/CSD</i> 2:45: Race to Fill the Cup 3:30: Afternoon Exercise 4:00: Wordy Wednesday PM: Card Club PM: Silverware Sort</p> <p>13</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Table Hockey 1:30: Bingo 2:15: Detective Agent 2:45: Craft Club – Thank You Gifts 3:30: Strength Training 4:00: TED Talk Speaker Series PM: Guy's Night</p> <p>14</p>	<p>9:45: Sunrise Exercise 10:00: Games with Goodwill 11:15: Balloon Volleyball 1:30: Bingo 2:30: The Frozen Scoop 3:00: Today in History 3:30: Afternoon Exercise 4:00: Musical Melodies PM: Ping Pong Basketball PM: Book Club</p> <p>15</p>	<p>9:30: Sunrise Exercise AM: Today in History AM: Stretch and Unwind PM: Dice Bowling 2:00: Chapel PM: Walker Wash PM: Timeslips PM: Afternoon Exercise PM: Jeopardy PM: Farkle</p> <p>16</p>	
<p>AM: Sunrise Exercise AM: Today in History AM: Hymn Singing PM: Bingo PM: Coffee and Conversation PM: Afternoon Exercise PM: Art & Aromatherapy PM: Give or Take PM: Meditate & Relax</p> <p>17</p> <p style="text-align: center;"><small>St. Patrick's Day</small></p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Bowling 1:15: Manicure Monday 2:30: <i>Elvis Presley/CSD</i> 3:30: Afternoon Exercise 4:00: St. Patrick's Party 4:00: Gunner – Pet Therapy PM: Kerplunk PM: Puzzle Night</p> <p>18</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Cornhole 1:30: Bingo 2:15: Trivia Tuesday 3:00: The Heartland Band 4:00: Name 10 6:00: Music with Leo & Harold PM: Number Matching Game</p> <p>19</p> <p style="text-align: center;"><small>Spring Begins</small></p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Twister Toss 1:15: Wordy Wednesday 2:15: <i>Doris Day/CSD</i> 3:30: Afternoon Exercise 4:00: Step into Spring PM: Card Club PM: What if...</p> <p>20</p> <p style="text-align: center;"><small>Purim</small></p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Frisbee Golf 1:15: Songs with the LaLaLadies 2:15: Celebrate Purim 2:45: Finish the Sentence 3:30: Strength Training 4:00: Picture This PM: Guy's Night</p> <p>21</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Noodle Ball 1:30: Bingo 2:30: The Frozen Scoop 3:00: Pictionary 3:30: Afternoon Exercise 4:00: Musical Melodies PM: Ping Pong Bounce PM: Book Club</p> <p>22</p>	<p>9:30: Catholic Service AM: Today in History AM: Stretch and Unwind PM: Putt-Putt Golf 2:00: Chapel PM: Walker Wash PM: Short Stories PM: Afternoon Exercise PM: Mathematicians PM: Pass the Pig</p> <p>23</p>	
<p>AM: Sunrise Exercise AM: Today in History AM: Hymn Singing AM: Bingo AM: Coffee and Conversation AM: Afternoon Exercise AM: Art & Aromatherapy PM: Dominoes PM: Meditate & Relax</p> <p>24</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Target Toss 1:15: Manicure Monday 2:30: <i>John Denver/CSD</i> 3:30: Afternoon Exercise 4:00: Bingo PM: Qwirkle PM: Peg Board Games</p> <p>25</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Bean Bag Ladder Golf 1:30: Bingo 2:15: Bake Club 2:45: Trivia Tuesday 3:30: Strength Training 4:00: Name that Tune PM: What year was it? PM: Color & Relax</p> <p>26</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:00: Faith and Friends with Ellen 1:15: Craft Club- Wreaths 2:15: <i>Wonderful Life/CSD</i> 2:45: <i>Speedy Recall</i> 3:30: Afternoon Exercise 4:00: Wordy Wednesday PM: What Comes First? PM: Card Club</p> <p>27</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Ring Toss 1:30: Bingo 2:15: TED Talk Speaker Series 2:45: Hangman 3:30: Strength Training 4:00: Capital Match PM: Guy's Night</p> <p>28</p>	<p>9:45: Sunrise Exercise 10:30: Today in History 11:15: Balloon Table Tennis 1:30: Bingo 2:30: March Birthday Party 3:00: Five Clues 3:30: Afternoon Exercise 4:00: Musical Melodies PM: Ping Pong Pans PM: Book Club</p> <p>29</p>	<p>9:30: Catholic Service AM: Today in History 10:30: Sampson – Pet Therapy AM: Stretch and Unwind PM: Climb the Matterhorn 2:00: Chapel PM: Walker Wash PM: Tic-Tac-Toe Tournament PM: Afternoon Exercise PM: Magazine Scavenger Hunt PM: Sequence Card Game</p> <p>30</p>	
<p>AM: Sunrise Exercise AM: Today in History AM: Hymn Singing PM: Bingo PM: Coffee and Conversation PM: Afternoon Exercise PM: Art & Aromatherapy PM: Cover Dice PM: Meditate & Relax</p> <p>31</p>	 <p>Happy Birthday</p> <p><i>Judie 3/14</i> <i>Coletta 3/20</i> <i>Frank K 3/21</i></p> 						

*All activities are subject to change. CSD = Weather Permitting. Space is limited. Rotation each occurrence has been set. Colored = Special Event or Guest